



Activities

IN A GROUP OR CLASS

- Show the Hungry Kate video. Talk about hunger.
- Buy a plate for Kate. Ask children to donate a \$1 for children, like Kate, who go hungry. Have each child write his/her name on a paper plate. Hang the paper plates in the cafeteria or other gathering space.
- Put Kate in a seat during lunchtime, a school play, or other community event. Take photos of children with Kate. Move Kate each day so every group has the opportunity to be with Kate!
- Hold a food drive for Kate. Ask children to bring in cans of food to give to children like Kate who are hungry.
- Have children take turns bringing Kate home to share with their families. Encourage children to write about their evening with Kate, draw pictures or take photographs.
- Have Kate meet the rest of the staff. Take their photos with Kate! Hang up the photos in a prominent hallway, cafeteria, or gathering space!

WITH YOUR FAMILY

- Set a plate for Kate. Place an extra plate at your table for Kate and leave it empty. Let the plate be a reminder that too many individuals in our community do not have enough to eat each day. Talk with your family about hunger.
- On a paper plate or sheet of paper, draw some of the foods that you would like to give Kate.
- Look through your cupboard or go to the store to buy food for children like Kate that go hungry. Donate your items to Akron-Canton Regional Foodbank.
- Take Kate with you on your next trip to the movies or even the store. Introduce people to Kate.
- Mail Kate to one of your relatives or friends. Write a note introducing Kate and ask them to take photos of Kate on her visit. Have them mail the photos and Kate back to you.
- Keep a photo album of your adventures with Kate!

